



BURGER KING® USA Nutritionals: Core, Regional and Limited Time Offerings

MAY 2018

Nutrition Facts	-serving size (g)	Calories	Calories from fat	Total fat (g)	Saturated Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	Protein (g)
	WHOPPER® Sandwiches											
WHOPPER® Sandwich	270	660	360	40	12	1.5	90	980	49	2	11	28
WHOPPER® Sandwich with Cheese	292	740	420	46	16	2	115	1340	50	2	11	32
Bacon & Cheese WHOPPER® Sandwich	303	790	460	51	17	2	125	1560	50	2	11	35
BBQ Bacon WHOPPER® Sandwich	303	800	460	51	17	2	125	1540	53	2	14	35
DOUBLE WHOPPER® Sandwich	354	900	520	58	20	3	175	1050	49	2	11	48
DOUBLE WHOPPER® Sandwich with Cheese	377	980	580	64	24	3	195	1410	50	2	11	52
TRIPLE WHOPPER® Sandwich with Cheese	461	1220	740	82	32	4.5	280	1470	50	2	11	71
WHOPPER JR.® Sandwich	134	310	160	18	5	0.5	40	390	27	1	7	13
FLAME BROILED BURGERS												
BACON KING™ Sandwich	356	1150	710	79	31	3.5	240	2150	49	2	10	61
BACON KING™ Jr. Sandwich	175	570	350	38	15	1.5	115	1050	27	1	6	29
RODEO® KING™ Sandwich	385	1250	740	82	31	3.5	230	2270	69	3	14	60
Single Quarter Pound KING™ Sandwich	231	580	260	29	13	1.5	105	1310	49	2	10	32
Double Quarter Pound KING™ Sandwich	338	900	480	54	25	3	210	1740	50	2	11	56
Hamburger	99	240	90	10	3.5	0.5	35	380	26	1	6	13
Cheeseburger	111	280	120	13	6	0.5	45	560	27	1	7	15
Double Hamburger	136	350	160	18	7	1	70	410	26	1	6	21
Double Cheeseburger	148	390	190	21	9	1.5	85	590	27	1	7	23
Extra Long Cheeseburger	226	630	330	37	14	1.5	100	1050	45	2	9	29
Bacon Cheeseburger	118	320	140	16	7	0.5	55	710	27	1	7	17
Bacon Double Cheeseburger	155	420	210	24	10	1.5	90	740	27	1	7	25

	serving size (g)	Calories	Calories from fat	Total fat (g)	Saturated Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	Protein (g)
Nutrition facts												
CHICKEN & MORE												
Grilled Chicken Sandwich	229	470	170	19	3.5	0	85	850	39	6	6	37
Crispy Chicken Sandwich	228	670	370	41	7	0	60	1080	54	2	8	23
Spicy Crispy Chicken Sandwich	242	700	370	42	7	0	65	1140	57	3	8	25
Original Chicken Sandwich	219	660	360	40	7	0	75	1170	48	2	5	28
Bacon & Cheese Crispy Chicken Sandwich	262	800	460	52	13	1	95	1650	55	2	8	30
RODEO® Crispy Chicken Sandwich	270	960	540	60	15	1	105	2230	72	3	14	33
Crispy Chicken Jr.	142	450	270	30	5	0	30	780	34	2	5	12
Spicy Crispy Chicken Jr.	142	390	190	21	3.5	0	30	740	37	2	6	12
Chicken Nuggets- 4pc	58	170	100	11	1.5	0	25	310	11	1	0	8
Chicken Nuggets- 6pc	88	260	150	16	2.5	0	35	470	16	1	0	12
Chicken Nuggets- 10 pc	146	430	240	27	4.5	0	55	780	27	2	0	20
Chicken Nuggets- 20 pc	292	860	490	54	9	0	115	1570	53	3	1	39
Chicken Fries - 9 pc.	91	280	150	17	2.5	0	35	850	20	1	1	13
BIG FISH™ Sandwich	188	510	250	28	4.5	0	30	1180	51	2	7	16
BK VEGGIE® Burger **	219	390	150	17	2.5	0	5	980	41	5	9	21
Kids Meals												
entrees												
Kids Oatmeal	167	170	30	3	1.5	0	5	260	32	3	12	4
Chicken Nuggets- 4pc	58	170	100	11	1.5	0	25	310	11	1	0	8
Chicken Nuggets- 6pc	88	260	150	16	2.5	0	35	470	16	1	0	12
Hamburger	99	240	90	10	3.5	0.5	35	380	26	1	6	13
Cheeseburger	111	280	120	13	6	0.5	45	560	27	1	7	15
side items												
Mott's® Natural Applesauce	111	50	0	0	0	0	0	0	13	1	11	0
beverage												
Fat FREE Milk (8 fl oz)		90	0	0	0	0	5	125	13	0	12	9
1% Low Fat Chocolate Milk (8 fl oz)		160	25	2.5	1.5	0	15	150	26	0	25	8
Capri Sun® 100% Apple Juice		80	0	0	0	0	0	25	20	0	20	0
PB&J Jamwich	79	300	140	16	3	0	0	290	33	4	11	11
Soft Serve Cone	120	190	40	4.5	3	0	20	150	32	0	24	5
Chocolate Chip cookie (in some areas)	38	160	70	8	4	0	10	125	24	1	15	2
Nutrition facts												
BK™ Garden Fresh Salads and SIDES												

Garden Chicken Salad with Grilled Chicken - no dressing	313	340	130	15	6	0	100	770	16	7	4	39
Garden Chicken Salad with Crispy Chicken - no dressing	287	440	220	25	7	0	75	930	31	3	4	25
Club Salad with Grilled Chicken - no dressing	334	440	210	23	9	0	120	1220	16	7	5	44
Club Salad with Crispy Chicken - no dressing	308	540	300	33	10	0	95	1380	31	3	5	31
Garden Side Salad - w/o dressing	99	60	35	4	2.5	0	10	95	3	1	2	4
Ken's Ranch Dressing	43	260	250	28	4	0	10	240	2	0	2	1
Ken's Golden Italian Dressing	43	160	150	17	2.5	0	0	380	4	0	3	0
Ken's Lite Honey Balsamic Vinaigrette	43	120	70	8	1	0	0	220	14	0	11	0
Buttery Garlic Croutons- Packet	14	60	20	2.5	0	0	10	180	9	0	1	1
Onion Rings - value	43	150	70	8	1.5	0	0	400	19	1	2	1
Onion Rings - small	91	320	150	16	3	0	0	840	41	3	4	3
Onion Rings - medium	117	410	190	21	3.5	0	0	1080	53	4	5	4
Onion Rings - large	142	500	230	25	4.5	0	0	1310	64	5	7	5
Cheesy Tots (8 pc)	128	310	140	15	1	0	0	780	34	3	0	9
French Fries - value (Salted)	89	220	90	10	1.5	0	0	330	31	2	0	3
French Fries - small (Salted)	128	320	130	14	2.5	0	0	480	44	3	0	4
French Fries - medium (Salted)	153	380	150	17	3	0	0	570	53	4	0	5
French Fries - large (Salted)	173	430	170	19	3.5	0	0	640	60	4	0	6
Nutrition facts	servicing size (g)	Calories	Calories from fat	Total fat (g)	Saturated Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	Protein (g)
BREAKFAST												
Quaker® Oatmeal Maple Flavor (Artificial	172	170	30	3	1.5	0	5	270	32	3	12	4
Sausage, Egg, Cheese & Hash Brown Burrito	143	370	210	23	8	0	150	930	27	3	2	15
EGG-NORMOUS Burrito™	371	940	510	57	20	1	375	2460	68	7	5	38
BK™ Ultimate Breakfast Platter	487	1230	630	70	23	0.5	380	2550	122	5	33	29
NY Ultimate Platter (Regional menu item)	400	900	420	46	12	0	380	1760	95	5	31	25
Pancake and Sausage platter	217	610	280	31	9	0	80	1010	72	1	30	12
CROISSAN'WICH® Egg & Cheese	125	340	170	18	8	0	160	610	29	1	4	12
CROISSAN'WICH® Sausage, Egg & Cheese	169	500	300	33	13	0	195	930	30	1	4	19
CROISSAN'WICH® Ham, Egg & Cheese	156	370	170	19	8	0	175	1030	30	1	5	17
CROISSAN'WICH® Bacon, Egg & Cheese	132	370	190	21	9	0	170	760	30	1	4	14
Fully Loaded CROISSAN'WICH®	218	610	360	40	17	0.5	225	1680	31	1	5	28
KING CROISSAN'WICH™ w/ Double Sausage	224	710	470	52	20	0.5	240	1420	31	1	5	29
KING CROISSAN'WICH™ w/ Sausage and Bacon	187	580	340	40	16	0.5	215	1260	31	1	5	23

KING CROISSAN'WICH™ w/ Ham and Sausage	211	580	340	38	16	0.5	220	1530	31	1	5	27
Sausage Biscuit	121	420	250	28	6	0	35	1050	28	1	2	12
Ham, Egg, & Cheese Biscuit	176	400	210	24	12	0	175	1550	29	1	3	17
Sausage, Egg, & Cheese Biscuit	189	530	340	38	17	0	195	1440	29	1	3	19
Bacon, Egg & Cheese Biscuit	152	400	230	26	13	0	170	1270	29	1	3	13
Fully Loaded Biscuit	238	640	400	45	20	0	225	2190	31	1	4	28
Hash Browns - small	84	250	150	16	3.5	0	0	580	24	3	0	2
Hash Browns - medium	169	500	290	33	7	0	0	1140	48	7	0	4
Hash Browns - large	225	670	390	44	9	0	0	1530	65	9	0	5
French Toast Sticks (3 piece)	65	230	100	11	2	0	0	260	29	1	8	3
French Toast Sticks (5 piece)	109	380	160	18	3	0	0	430	49	2	13	5

	-serving size (g)	Calories	Calories from fat	Total fat (g)	Saturated Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	Protein (g)
Nutrition facts												
DESSERTS												
Dutch Apple Pie	107	340	130	14	6	0	0	310	51	1	25	3
HERSHEY®'S Sundae Pie	79	310	170	19	12	0	10	220	32	1	22	3
Pie made with TWIX®	102	370	180	20	13	0	10	330	45	1	30	4
OREO® Cookie Cheesecake	92	350	170	18	8	0	35	310	41	1	25	6
Soft Serve Cone	120	190	40	4.5	3	0	20	150	32	0	24	5
Soft Serve Cup	115	170	40	4.5	3	0	20	150	28	0	24	5
HERSHEY®'s Chocolate Sundae	153	280	60	7	5	0	20	220	47	1	41	6
Caramel Sundae	153	290	60	6	4	0	25	260	53	0	39	6
Butter Sugar Cookie	36	160	60	7	3.5	0	15	135	22	0	12	2
Carnival Cookie	36	160	60	7	3	0	10	120	22	1	14	2
Red, White & Blue Cookie	36	160	50	6	3	0	5	125	23	0	14	1
Ginger Spice Cookie	38	150	45	5	2.5	0	10	135	25	1	13	2
Chocolate Chip Cookies (2)	76	330	140	15	8	0	20	250	47	1	29	3
White Chocolate Macadamia Nut Cookies (2)	76	340	160	18	8	0	20	240	44	0	28	4
Oatmeal Raisin Cookies (2)	76	310	120	13	8	0	20	260	46	3	26	4
Additional Options (some options are only available regionally)												
American Cheese (slice)	11	40	30	3.5	2	0	10	180	1	0	0	2
Ketchup (Packet)	10	10	0	0	0	0	0	125	3	0	2	0
Mayonnaise (Packet)	12	80	80	9	0.5	0	10	75	1	0	0	0
Strawberry or Grape Jam (packet)	12	30	0	0	0	0	0	0	7	0	6	0
Breakfast Syrup (1 oz)	41	120	0	0	0	0	0	15	30	0	18	0
Barbecue Dipping Sauce (1 oz)	28	40	0	0	0	0	0	310	11	0	10	0
Ranch Dipping Sauce (1 oz)	28	140	140	15	2.5	0	10	85	1	0	1	1
Buffalo Dipping Sauce (1 oz)	28	80	70	8	1.5	0	5	360	2	0	1	0
Zesty Onion Ring Dipping Sauce (1 oz)	28	150	140	15	2.5	0	20	240	3	0	0	0
Honey Mustard Dipping Sauce (1oz)	28	90	60	6	1	0	10	180	8	0	7	0
Nutrition facts												
BEVERAGES BY CUP SIZE												
Fat FREE Milk (8 fl oz)		90	0	0	0	0	5	125	13	0	12	9
1% Low Fat Chocolate Milk (8 fl oz)		160	25	2.5	1.5	0	15	150	26	0	25	8
Smoothie: Strawberry Banana 16 fl oz		310	10	1	0	0	0	55	71	3	50	4

Smoothie: Tropical Mango- 16 fl oz	370	5	0	0	0	0	70	86	2	56	5
Oreo® Shake	720	180	20	12	0.5	65	540	118	1	98	16
Chocolate Oreo® Shake	740	190	22	13	0.5	70	680	121	1	101	17
FROOT LOOPS® Shake	720	160	17	11	0.5	65	560	126	2	103	16
Vanilla Milk Shake	580	140	15	10	0	60	420	98	0	85	14
HERSHEY®'S Chocolate Milk Shake	610	140	16	10	0	60	500	103	1	88	14
Strawberry Milk Shake	640	140	15	10	0.0	60	440	113	0	99	14

Nutrition facts		Calories	Calories from fat	Total fat (g)	Saturated Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	Protein (g)
BEVERAGES BY CUP SIZE (*no ice)												
Coca Cola classic®‡												
	16 fl oz	210	0	0	0	0	0	50	58	0	58	0
	20 fl oz	270	0	0	0	0	0	60	73	0	73	0
	29 fl oz	390	0	0	0	0	0	85	105	0	105	0
	38 fl oz	510	0	0	0	0	0	115	138	0	138	0
Diet Coke®‡												
	16 fl oz	0	0	0	0	0	0	70	0	0	0	0
	20 fl oz	0	0	0	0	0	0	85	<1	0	0	0
	29 fl oz	0	0	0	0	0	0	120	<1	0	0	0
	38 fl oz	0	0	0	0	0	0	160	<1	0	0	0
Sprite®‡												
	16 fl oz	210	0	0	0	0	0	95	56	0	56	0
	20 fl oz	260	0	0	0	0	0	120	70	0	70	0
	29 fl oz	380	0	0	0	0	0	170	102	0	102	0
	38 fl oz	500	0	0	0	0	0	230	133	0	133	0
Dr. Pepper®‡												
	16 fl oz	190	0	0	0	0	0	60	52	0	51	0
	20 fl oz	240	0	0	0	0	0	75	65	0	64	0
	29 fl oz	350	0	0	0	0	0	105	94	0	93	0
	38 fl oz	450	0	0	0	0	0	140	124	0	121	0
Barq's® Root Beer‡												
	16 fl oz	240	0	0	0	0	0	100	65	0	65	0
	20 fl oz	300	0	0	0	0	0	120	81	0	81	0
	29 fl oz	430	0	0	0	0	0	180	118	0	118	0
	38 fl oz	570	0	0	0	0	0	230	155	0	155	0
Cherry Coke®‡												
	16 fl oz	220	0	0	0	0	0	55	61	0	61	0
	20 fl oz	280	0	0	0	0	0	70	76	0	76	0
	29 fl oz	410	0	0	0	0	0	100	110	0	110	0
	38 fl oz	530	0	0	0	0	0	130	145	0	145	0
Fanta® Orange‡												
	16 fl oz	230	0	0	0	0	0	60	62	0	61	0
	20 fl oz	280	0	0	0	0	0	70	78	0	77	0
	29 fl oz	410	0	0	0	0	0	105	113	0	111	0
	38 fl oz	540	0	0	0	0	0	135	148	0	146	0
Hi-C® Fruit Punch‡												
	16 fl oz	220	0	0	0	0	0	75	62	0	60	0
	20 fl oz	280	0	0	0	0	0	95	77	0	75	0
	29 fl oz	410	0	0	0	0	0	135	111	0	109	0
	38 fl oz	530	0	0	0	0	0	180	146	0	143	0

Nutrition facts†	
MINUTE MAID® Light Lemonade	
	16 fl oz
	20 fl oz
	29 fl oz
	38 fl oz
Sweet Tea	
	20 fl oz
	29 fl oz
	40 fl oz
Unsweetened Tea	
	20 fl oz
	29 fl oz
	40 fl oz
Capri Sun® 100% Apple Juice	1 pouch
Minute Maid® Orange Juice	10 fl oz
Frozen Coke® - 16 oz	
Frozen Fanta® Lemonade - 16 oz	
Frosted Frozen Coke® - 16 oz	
Frosted Frozen Fanta® Lemonade - 16 oz	

Calories	Calories from fat	Total fat (g)	Saturated Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	Protein (g)
10	0	0	0	0	0	60	3	0	0	0
10	0	0	0	0	0	70	4	0	0	0
15	0	0	0	0	0	105	5	0	0	0
20	0	0	0	0	0	135	7	0	0	0
120	0	0	0	0	0	0	35	0	35	0
160	0	0	0	0	0	0	49	0	49	0
240	0	0	0	0	0	0	71	0	71	0
0	0	0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	0	0	0	0	0
80	0	0	0	0	0	25	20	0	20	0
140	0	0	0	0	0	20	33	0	30	2
130	0	0	0	0	0	50	35	0	35	0
120	0	0	0	0	0	105	32	0	32	0
190	15	1.5	1	0	5	105	45	0	44	2
180	15	1.5	1	0	5	160	42	0	41	2

Nutrition facts‡												
	Calories	Calories from fat	Total fat (g)	Saturated Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Total Sugar (g)	Protein (g)	
Seattle's Best Coffee®												
BK® Joe-Regular or Decaf - 16 oz.	0	0	0	0	0	0	0	0	0	0	0	
BK® Joe-Regular or Decaf - 20 oz.	0	0	0	0	0	0	0	0	0	0	0	
Iced Coffees												
BK® Joe Iced Coffee - Medium	150	70	8	5	0	30	45	19	0	19	1	
BK® Joe Iced Coffee - Medium-VANILLA	190	70	8	5	0	30	45	28	0	28	1	
BK® Joe Iced Coffee - Medium MOCHA	170	80	8	5	0	30	110	23	1	21	2	
Frappes												
Mocha Frappe: 16 fl oz	400	140	16	7	0	10	250	60	0	40	3	
Caramel Frappe: 16 fl oz	410	140	16	7	0	10	270	63	0	42	3	

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KING DEALS VALUE MENU												
Bacon Double Cheeseburger	155	420	210	24	10	1.5	90	740	27	1	7	25
Double Cheeseburger	148	390	190	21	9	1.5	85	590	27	1	7	23
Bacon Cheeseburger	118	320	140	16	7	0.5	55	710	27	1	7	17
Chicken Nuggets - 4pc	58	170	100	11	1.5	0	25	310	11	1	0	8
Crispy Chicken Jr.	142	450	270	30	5	0	30	780	34	2	5	12
Spicy Crispy Chicken Jr.	142	390	190	21	3.5	0	30	740	37	2	6	12
Rodeo Crispy Chicken Jr.	154	420	140	16	3	0	20	860	55	2	14	13
Rodeo Burger	117	330	120	14	4.5	0.5	35	520	38	1	9	13
Cheeseburger	111	280	120	13	6	0.5	45	560	27	1	7	15

INGREDIENTS:**Buns, Breads and Tortillas**

SESAME SEED BUNS: Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, Sesame Seeds, Contains 2% or less of the following: Soybean Oil, Salt, Yeast Nutrients (Monocalcium Phosphate, Calcium Sulfate), Dough Conditioners (Monoglycerides, DATEM), Calcium Propionate (Preservative), Wheat Starch.

CONTAINS: WHEAT and SOY

POTATO BUN: Unbleached enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, sugar, yeast, potato flakes, contains 2% or less of each of the following: wheat gluten, soybean oil, palm oil, salt, glaze (water, sunflower oil, vegetable proteins, wheat maltodextrins, wheat dextrose, corn starch), dextrose, yellow corn flour, natural and artificial flavors, sodium stearoyl lactylate, monocalcium phosphate, monoglycerides, enzymes, colored with turmeric and paprika, mono-diglycerides, ascorbic acid, calcium propionate (to retard spoilage).

CONTAINS: WHEAT AND SOY

SPECIALTY BUNS: Enriched wheat flour [flour, malted barley flour, reduced iron, niacin, thiamin mononitrate (Vitamin B1), riboflavin (vitamin B2), folic acid], water, high fructose corn syrup, sesame seeds, yeast, soybean oil, salt, wheat gluten, calcium sulfate, calcium propionate (preservative), flaxseeds, mono- and diglycerides, datem, citric acid, potassium iodate, soy lecithin.

CONTAINS: WHEAT AND SOY

GRILLED DOG BUN: Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, Contains less than 2% of each of the following: Soybean Oil, Wheat Gluten, Salt, Calcium Propionate (Preservative), Dough Conditioners (Monoglycerides, Sodium Stearoyl Lactylate, Ascorbic Acid, Enzymes).

CONTAINS: WHEAT

TORTILLA: Enriched Bleached Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Shortening (Interesterified Soybean Oil, Hydrogenated Soybean Oil), Contains 2% or less of the following: Sugar, Salt, Vital Wheat Gluten, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate), Distilled Monoglycerides, Enzymes, Wheat Starch, Calcium Carbonate, Tocopherol (antioxidant), Ascorbic Acid (antioxidant), Citric Acid (antioxidant), Guar Gum, Yeast, Cellulose Gum, Fumaric Acid (Dough Conditioner), Calcium Propionate and Sorbic Acid (To Preserve Freshness).

CONTAINS: WHEAT

BUTTERMILK BISCUIT: Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Cultured Buttermilk (Nonfat Milk, Nonfat Milk Solids, Food Starch-Modified, Carrageenan, Locust Bean Gum, Salt, Cultures), Palm Oil, Contains Less Than 2%: Sugar, Salt, Sodium Bicarbonate, Sodium Aluminum Phosphate, Sodium Acid Pyrophosphate, Butter, Nonfat Milk, Soybean Oil, Natural And Artificial Flavors, Sodium Stearoyl Lactylate, Color Added, Soy Lecithin.

CONTAINS: WHEAT, MILK AND SOY

CROISSANT: Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Margarine [Palm Oil, Water, Soybean Oil, Sugar, Soybean Lecithin with Mono- and Diglycerides added, Potassium Sorbate and Citric Acid (preservatives), Beta Carotene, Vitamin A Palmitate], High Fructose Corn Syrup, Yeast, Salt, Sweet Whey, Dough Conditioner [Calcium Sulfate, Diacetyl Tartaric Acid Ester of Monoglyceride (DATEM), Ammonium Sulfate, Enzymes, Ascorbic Acid], Calcium Propionate, Natural and Artificial Butter Flavor, Modified Cornstarch.

CONTAINS: WHEAT, MILK, EGGS AND SOY

BEEF*, CHICKEN*, PORK and FISH:

WHOPPER® PATTIES and HAMBURGER PATTIES : 100% USDA inspected Ground Beef (Fire-Grilled).

BEEF HOT DOG: Beef, Water, Contains less than 2% of Salt, Corn Syrup, Ground Mustard Seed, Dextrose, Sodium Phosphates, Sodium Diacetate, Sodium

GRILLED CHICKEN FILET: Boneless, skinless chicken breast filets with rib meat, water, flavoring [soybean oil, grill flavor (from sunflower oil), flavors, smoke

**Beef and Chicken may be cooked on the same broiler with products containing dairy (or other allergens.)*

BREADED ORIGINAL CHICKEN PATTY (Fried): Chicken Breast with Rib Meat, Water, Salt and Monosodium Glutamate. Breaded with: Bleached Wheat Flour, Salt, Spices, Partially Hydrogenated Vegetable Oil (Soybean and/or Cottonseed), Dried Whey, Monosodium Glutamate, Yeast, Dehydrated Sweet Pepper, Onion Powder, Garlic Powder, Dextrose, Leavening (Monocalcium Phosphate, Sodium Bicarbonate). **BATTERED WITH** : Water, Bleached Wheat Flour, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Salt, Corn Starch, Oat Flour and Natural Flavoring.

CRISPY CHICKEN PATTY (Fried): Uncooked Chicken Breast Pattie Fritters with Rib Meat Chicken breast with rib meat, water, salt, modified food starch,

CRISPY CHICKEN FILET (Fried): Chicken Breast Meat with Rib Meat containing up to 18% of a solution of Water, Seasoning (Yeast Extract, Salt, Maltodextrin, Dextrose, Flavors, Sunflower Oil, Chicken Powder, Chicken Fat, Sodium Phosphate, Modified Corn Starch), Modified Food Starch, Sodium Phosphates, Salt. Breaded With: Enriched Wheat Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Tapioca Starch, Salt, Soybean Oil, contains less than 2% of Leavening (Cream of Tartar and Sodium Bicarbonate), Garlic Powder, Onion Powder, Sugar and Dried Yeast. Battered With: Water, Enriched Wheat Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Wheat Gluten, Salt, Tapioca Starch, Leavening (Cream of Tartar, Sodium Bicarbonate), Yeast Extract, Dextrose, Soybean Oil (anti-dusting agent), Garlic Powder and Onion Powder. Predusted With: Enriched Wheat Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Wheat Gluten, Salt, Tapioca Starch, Leavening (Cream of Tartar, Sodium Bicarbonate), Yeast Extract, Dextrose, Soybean Oil (anti-dusting agent), Garlic Powder and Onion Powder. Breeding set in Vegetable Oil.

CONTAINS: WHEAT

FLAME GRILLED CHICKEN BURGER PATTY: Chicken, water, isolated oat product, flavoring [salt, yeast extract, maltodextrin (corn, potato), chicken fat, flavoring, contains less than 2% (citric acid, dextrin, dried chicken, dried chicken broth, sunflower oil), seasoning (salt, spices, dehydrated garlic, dehydrated onion, spice extractive, flavor(maltodextrin, flavor), salt, natural flavor.

CHICKEN NUGGETS (Fried): Chicken Breast Pattie Fritters with Rib Meat Chicken Breast with Rib Meat, Water, Flavoring [Potassium Chloride, Flavoring, Autolyzed Yeast Extract, Maltodextrin (Corn, Potato), Salt, Chicken Fat, Contains less than 2% (Chicken Broth, Citric Acid, Dextrin, Disodium Inosinate & Disodium Guanylate, Dried Chicken, Mannitol, Modified Cornstarch)], Modified Food Starch, Salt, Sodium Phosphates. **BATTERED WITH:** Water, Wheat Flour, Modified Wheat Starch, Modified Corn Starch, Salt, Sodium Gluconate, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Dextrose, Spices, Garlic Powder, Onion Powder, Extractives of Turmeric. **PREDUSTED WITH:** Wheat Flour, Modified Corn Starch, Wheat Gluten, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Sodium Gluconate, Onion Powder, Garlic Powder, Potassium Chloride, Spice. Breeding Set in Vegetable Oil.

CONTAINS: WHEAT

CHICKEN FRIES: UNCOOKED CHICKEN BREAST STRIP FRITTERS WITH RIB MEAT: Chicken Breast with Rib Meat, Water, Seasoning (Salt, Modified Corn Starch, Flavoring), Modified Potato Starch, Sodium Phosphates: **BREADED WITH:** Bleached Wheat Flour, Modified Wheat Starch, Rice Flour, Salt, Spices, Dextrose, Paprika, Monosodium Glutamate, Dehydrated Garlic, Dehydrated Onion, Soybean Oil, Maltodextrin, Natural Flavor, Extractives of Paprika. **BATTERED WITH:** Water, Bleached Wheat Flour, Corn Starch, Modified Wheat Starch, Maltodextrin, Potato Starch, Modified Corn Starch, Methylcellulose, Mono and Diglycerides, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), **PREDUSTED WITH:** Bleached Wheat Flour, Modified Corn Starch, Dextrose, Monosodium Glutamate, Salt, Maltodextrin, Corn Starch, Sugar, Soybean Oil, Paprika, Spice, Onion Powder, Extractives of Paprika, Garlic Powder, Turmeric, Natural Flavors. Breeding set in Vegetable Oil.

CONTAINS: WHEAT

FISH ALASKA POLLOCK, PANKO BREADED: Alaska Pollock, Water, Enriched Bleached Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Bleached Wheat Flour, Yellow Corn Flour, MODIFIED FOOD STARCH, Less than 2% of each of the following: Ascorbic Acid, Garlic Powder, Leavening (Sodium Bicarbonate, SODIUM ACID PYROPHOSPHATE), Malted Barley Flour, Onion Powder, Palm Oil, Paprika Extract, Salt, Sodium Alginate, Spice, Spice extract, Yeast.

CONTAINS: FISH (Alaska Pollock) and WHEAT. MAY CONTAIN: MILK.

VEGGIE PATTY and SIDE ITEMS:

BK VEGGIE® BURGER PATTY: Supplied by MORNINGSTAR FARMS® - Vegetables (Mushrooms, Water Chestnuts, Onions, Carrots, Green Bell Peppers, Red Bell Peppers, Black Olives), Textured Vegetable Protein (Soy Protein Concentrate, Wheat Gluten, Water for hydration), Egg Whites, Cooked Brown Rice (Water, Brown Rice), Rolled Oats, Corn Oil, Calcium Caseinate, Soy Sauce (Water, Soybeans, Salt, Wheat), Onion Powder, Corn Starch, Salt, Hydrolyzed Corn, Soy, and Wheat Protein, Autolyzed Yeast Extract, Natural Flavors from non-meat sources, Sugar, Soy Protein Isolate, Spices, Garlic Powder, Dextrose, Jalapeño Pepper Powder, Celery Extract.

CONTAINS: MILK, EGG, WHEAT, SOY. The patty is NOT cooked on equipment with meat or poultry products. *This is not a vegan product.*

MOTT'S® NATURAL APPLESAUCE: Apples, Water, Ascorbic Acid (Vitamin C)

CHEESY TOTS: Potatoes, Wheat Flour, Pasteurized Processed Cheese (Cheddar Cheese [Milk, Cheese Culture, Salt, Enzymes], Water, Milkfat, Sodium Phosphate, Sodium Hexametaphosphate, Salt, Sorbic Acid [preservative], Color [Annatto, Paprika]), Vegetable Oil (Contains One or More of the Following: Canola, Palm, Soybean, Sunflower), Mozzarella Cheese (Pasteurized Milk, Non-Fat Milk, Cultures, Salt, Enzymes), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Modified Potato Starch, Sugar, Natural Cheese Flavor, Dextrin, Dehydrated Potato, Yeast, Disodium Dihydrogen Pyrophosphate (to promote color retention).

CONTAINS: WHEAT, MILK

FRENCH FRIES (Fried): Potatoes, Soybean Oil or Canola and Palm Oil, Modified Potato Starch, Rice Flour, Potato Dextrin, Salt, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dextrose, Xanthan Gum, Sodium Acid Pyrophosphate added to preserve natural color. ***Prepared in fryer used for product containing wheat.**

ONION RINGS (Fried): water, bleached wheat flour, dehydrated onion, modified corn starch, yellow corn flour, sugar, gelatinized wheat starch, contains 2% or less of :salt, guar gum, methylcellulose, fructose, onion powder, food starch-modified, sodium alginate, sunflower oil, natural flavors, grill flavor (from sunflower oil), canola oil, wheat gluten, modified palm oil, sodium tripolyphosphate, whey, dextrose, garlic powder, leavening (baking soda, sodium aluminum phosphate), spice, hydroxypropylmethylcellulose, yeast extract, corn starch, sorbitol, dried yeast, calcium chloride. parfried in soybean oil.

CONTAINS WHEAT, MILK.

CONDIMENTS, SAUCES, & TOPPINGS: Dipping Sauces have ingredients listed on the package

AMERICAN CHEESE (PASTEURIZED PROCESS): Cultured Milk, Water, Cream, Sodium Citrate, Salt, Sorbic Acid (Preservative), Sodium Phosphate, Artificial Color, Enzymes, Acetic Acid, Soy Lecithin.

CONTAINS: MILK and SOY LECITHIN

CHEDDAR CHEESE SHREDDED: Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Color added), Potato Starch and Powdered Cellulose added to prevent caking, Natamycin (a natural mold inhibitor).

CONTAINS: MILK

SALT & PEPPER WHOPPER® SEASONING BLEND: Salt, Black Pepper, Canola Oil (anti-dusting agent), and Silicon Dioxide (anti-caking agent).

LETTUCE, TOMATOES, ONIONS, ROMAINE, RED ONIONS: US Grade #1.

RELISH: Cucumbers, High Fructose Corn Syrup, Corn Syrup, Distilled Vinegar, Salt, Xanthan Gum, Mustard Seeds, Less than 1/10 of 1% Sodium Benzoate (Preservative), Dehydrated Red Bell Pepper, Celery Seeds, Extractives of Turmeric, Natural & Artificial Flavors.

BREAKFAST SYRUP: Corn Syrup, High Fructose Corn Syrup, Water, Sugar, Modified Food Starch, Natural and Artificial Maple Flavor, Xanthan Gum, Phosphoric Acid, Cellulose Gum, Potassium Sorbate and Sorbic Acid as preservatives, Caramel Color.

JAM-GRAPE: Concord Grapes (Water, Grape Puree Concentrate), Sugar, Corn Syrup, Citric Acid, Pectin, Sodium Citrate.

JAM-STRAWBERRY: Strawberries (Strawberry Concentrate, Water), Corn Syrup, Sugar, Pectin, Citric Acid.

KETCHUP: Tomato concentrate made from Red Ripe Tomatoes, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Salt, Spice, Onion Powder, Natural Flavoring, Natural flavoring is plant in origin.

MAYONNAISE: Soybean Oil, Eggs, Water, Distilled Vinegar, Contains 2% or Less of the Following: Egg Yolks, Salt, Sugar, Lemon Juice Concentrate, Natural Flavor, Calcium Disodium EDTA Added to Protect Flavor, Dehydrated Garlic, Dehydrated Onion, Paprika or Paprika Oleoresin.

CONTAINS: EGG

MUSTARD: Water, Vinegar, Mustard Seed, Salt, Turmeric.

PICKLES: Cucumbers, water, vinegar, salt, calcium chloride, 1/10 of 1% sodium benzoate (preservative), natural spice extractives, extractives of turmeric, polysorbate 80, propylene glycol and fd&c yellow #5.

TARTAR SAUCE : Soybean Oil, Sweet Relish (Cucumbers, High Fructose Corn Syrup, Vinegar, Onion, Salt, Red Bell Peppers, Xanthan Gum, Sodium Benzoate and Potassium Sorbate as Preservatives, Natural Flavorings, Extractives of Turmeric), Water, Egg Yolks. *Contains less than 2%:* High Fructose Corn Syrup, Salt, Distilled Vinegar, Sugar, Dehydrated Onion, Lemon Juice Concentrate, Spice, Natural Flavors, Sodium Benzoate and Potassium Sorbate (as preservatives), Phosphoric Acid, Disodium Inosinate and Disodium Guanylate, Xanthan Gum, Calcium Disodium EDTA added to protect flavor. Natural Flavors from plant sources.

CONTAINS: EGG and SOY LECITHIN.

STACKER SAUCE: Soybean Oil, Sweet Relish (Cured Cucumbers, High Fructose Corn Syrup, Vinegar, Onion, Salt, Red Bell Peppers, Xanthan Gum, Sodium Benzoate and Potassium Sorbate (Preservatives), Natural Flavorings, Calcium Chloride, Polysorbate 80, Extractives of Turmeric), Sugar, Water, Distilled Vinegar, Tomato Paste, Egg Yolk, Contains Less than 2% Salt, Dehydrated Onion, Xanthan Gum, Sodium Benzoate and Potassium Sorbate as Preservatives, Natural and Artificial Flavors, Propylene Glycol Alginate, Polysorbate 60, Caramel Color, Oleoresins Paprika and Turmeric (Color), Calcium Disodium EDTA Added to Protect Flavor.

SWEET BABY RAY'S HONEY BARBECUE SAUCE®: High Fructose Corn Syrup, Vinegar, Tomato Paste, Honey, Modified Food Starch, Contains less than 2% of: Salt, Water, Natural Flavor, Caramel Color, Pineapple Juice Concentrate, Spices, Sodium Benzoate as a preservative, Natural Smoke Flavor, Garlic, Molasses, Corn Syrup, Sugar, Tamarind.

CHILI: Water, Beef, Pinto Beans (prepared pinto beans, water, salt, calcium chloride, calcium disodium EDTA), seasoning [chili pepper, salt, modified corn starch, sugar, tomato powder, soy flour, dehydrated onion, maltodextrin, spices, yellow corn flour, paprika (color), cocoa, citric acid, garlic powder, disodium inosinate, disodium inosinate, disodium guanylate], onions, textured vegetable protein (soy flour, caramel color). **CONTAINS: SOY**

BREAKFAST:
THICK SLICED BACON: Cured with Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite.
LIQUID EGG - PASTEURIZED MIXTURE: Whole Eggs, Water, Contains 2% Or Less Of The Following: Salt, Xanthan Gum, Citric Acid, Annatto (Color), Butter Flavor (Sunflower Oil, Natural Flavors, Medium Chain Triglycerides). CONTAINS: EGG and MILK
HAM: Ham cured with: Water, Dextrose, Contains 2% or less of salt, sodium lactate, sodium phosphate, natural smoke flavoring, sodium diacetate, sodium erythorbate, sodium nitrite, coated with caramel coloring.
MILD SAUSAGE: Pork, Salt, Spices, Corn Syrup Solids, Dextrose, Monosodium Glutamate, Hydrogenated Soybean Oil, Grill Flavor (from Soybean Oil).
SPICY SAUSAGE: Pork, Salt, Spices, Dextrose, Sugar, Monosodium Glutamate.
HASH BROWN ROUNDS (Fried): Potatoes, Canola Oil and Palm Oil, Dehydrated Potatoes (Potatoes, Mono and Diglycerides, Sodium Acid Pyrophosphate, Citric Acid), Salt, Corn Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Natural Flavoring, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose. CONTAINS: WHEAT
VEGETABLE MIX (BURRITO): Onions, Red Peppers, Green Peppers
PANCAKES: water, enriched bleached flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, soybean oil, leavening (sodium aluminum phosphate, sodium bicarbonate), egg yolks, dextrose, contains 2% or less of the following: salt, natural and artificial flavor, whey, soy lecithin, cellulose gum, xanthan gum. CONATINS: WHEAT, EGG, MILK, SOY and SOY LECITHIN
CINNAMON ROLL - OTIS SPUNKMEYER: Enriched Flour Bleached (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Water, Margarine (Palm Oil, Water, Salt, Mono - and Diglycerides, Whey, Natural and Artificial Flavors, Citric Acid, Beta Carotene Color, Vitamin A Palmitate), Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Carob Bean Gum), Butter (Sweet Cream, Salt), Eggs, Cinnamon, Contains 2% or less of the following: Corn Syrup, Egg Whites, Modified Corn Starch, Natural and Artificial Flavors, Molasses, Wheat Gluten, Mono - & Diglycerides, Xanthan Gum, Cellulose Gum, Hydroxypropyl Methylcellulose, Guar Gum, Polysorbate 60, Salt, Yeast, Titanium Dioxide Color, Propylene Glycol, Lactic Acid and Sorbic Acid (Preservatives), Soy Lecithin. CONTAINS: WHEAT, EGGS, MILK and SOY.
QUAKER® Oatmeal Maple and Brown Sugar Flavor*: whole grain rolled oats, sugar, natural flavor, salt, calcium carbonate, guar gum, oat flour, caramel color, reduced iron, vitamin a palmitate.
FRENCH TOAST STICKS: Bread: Enriched flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid), enriched bleached flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid), water, high fructose corn syrup, yeast, may contain 2% or less of each of the following: soybean oil, wheat gluten, salt, dough conditioners (may contain one or more of the following: sodium stearyl lactylate, calcium stearyl-2-lactylate, calcium peroxide, calcium iodate, ascorbic acid, enzymes), corn flour, yeast nutrients (calcium sulfate, monocalcium phosphate, ammonium sulfate), glycerol monooleate, oleoresin paprika and oleoresin turmeric (coloring agents), polysorbate 60, polysorbate 80, calcium propionate (preservative), corn starch, soy lecithin, soy flour. Batter and breading: water, bleached wheat flour (enriched with niacin, iron, thiamine mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid), wheat flour, sugar, yellow corn flour, soy flour, contains 2% or less of the following: dextrose, modified corn starch, salt, lecithin, gum arabic, leavening (monocalcium phosphate, sodium bicarbonate), yeast, glycerin, natural and artificial flavor, polysorbate 80, carrageenan. Pre- Fried in soybean oil. CONTAINS: WHEAT, SOY, SOY LECITHIN

Beverages
SEATTLE'S BEST COFFEE: Roasted and ground coffee
FRAPPE BASE, MOCHA: Mocha Flavor Base (High Fructose Corn Syrup, Non-Dairy Creamer (Refined Coconut Oil, Corn Syrup Solids, Potassium Caseinate, Sugar, Dipotassium Phosphate, Mono- & Diglycerides, Salt, Sodium Stearoyl Lactylate, Carrageenan, Sodium Silicon Aluminate, Artificial Flavor, Annatto & Turmeric), Coffee Extract, Nonfat Dry Milk, Cocoa, Water, Natural and Artificial Flavors, Salt, Sodium Citrate, Potassium Sorbate (as a preservative), Calcium Disodium EDTA (as a preservative), Potassium Hydroxide), Water, Milk, Cream, Sugar, Contains Less than 2 % Mono and Diglycerides, Guar Gum, Potassium Citrate, Disodium Phosphate, Carageenan and Locust Bean Gum. CONTAINS: MILK
CAPRISUN® 100% APPLE JUICE: Apple juice from concentrate (Water, apple juice concentrate), citric acid (for tartness), natural flavor.
SOFT SERVE: Milk fat and Nonfat Milk, Sugar, Sweet Whey, Corn Syrup, High Fructose Corn Syrup, Propylene Glycol Monoesters, Natural and Artificial Vanilla Flavor, Mono & Diglycerides, Guar Gum, Disodium Phosphate, Sodium Citrate, Cellulose Gum, Carrageenan. CONTAINS: MILK
SMOOTHIE MIX- STRAWBERRY BANANA: Water, Cultured Skim Milk, Banana Puree, Strawberry Puree Concentrate, Sugar, Concentrated Pear Juice, Citric Acid, Vegetable Juice Color, Cranberry Seeds, Pectin, Xanthan Gum, Purple Carrot Juice Concentrate Color, Ascorbic Acid (Vitamin C), Natural and Artificial Flavor, Honey, Sodium Carboxymethylcellulose, Invert Sugar, Corn Syrup, Maltodextrin, Modified Potato Starch, Guar Gum, Beta Carotene Color. CONTAINS: MILK
SMOOTHIE MIX- TROPICAL MANGO: Water, Cultured Skim Milk, Sugar, Concentrated Pear Juice, Apple Puree Concentrate, Mango Puree Concentrate, Pineapple Juice Concentrate, Orange Juice Concentrate, Apple Juice Concentrate, Citric Acid, Pectin, Xanthan Gum, Glycerin, Sodium Carboxymethylcellulose, Natural and Artificial Flavor, Maltodextrin, Guar Gum, Arabic, Sunflower Oil, Beta Carotene Color, Ascorbic Acid (Vitamin C), Mized Tocopherols. CONTAINS: MILK
COCA COLA® CLASSIC: High Fructose Corn Syrup and/or Sucrose, Water, Caramel Color, Phosphoric Acid, Natural Flavors, Caffeine. Natural flavors from plant sources.
DIET COKE® : Water, Caramel Color, Phosphoric Acid, Sodium Saccharin, Potassium Benzoate (to protect taste), Natural Flavors, Citric Acid, Caffeine, Potassium Citrate, Aspartame, Dimethylpolysiloxane. Natural flavors from plant sources.
SPRITE® : High Fructose Corn Syrup and/or Sucrose, Water, Citric Acid, Natural Flavors, Sodium Citrate, Sodium Benzoate, Dimethylpolysiloxane. Natural flavors from plant sources.
DR PEPPER® : High Fructose Corn Syrup, Water, Caramel Color, Artificial and Natural Flavor, Phosphoric Acid, Caffeine, Sodium Benzoate (Preservative), and Dimethylpolysiloxane. Natural flavors from plant sources.

Desserts and Shakes:

DUTCH APPLE PIE: Apples, enriched flour, water, glucose-fructose, palm and soybean oil shortening, sugar, modified corn starch, palm and soybean oil, margarine, apple juice concentrate, soybean oil, salt, dextrose, silicon dioxide, xanthan gum, potassium sorbate, spices, malic acid, yeast, ascorbic acid, sodium propionate, citric acid, annatto.

HERSHEY'S SUNDAE PIE: Water, Sugar, Reduced Fat Sweetened Condensed Milk (Milk, Skim Milk, Sugar, Vitamin A Palmitate), Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Xanthan Gum and/or Carob Bean Gum and/or Guar Gum), Enriched Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Partially Hydrogenated Vegetable Shortening (Coconut Oil and Palm Kernel Oil), High Fructose Corn Syrup, Vegetable Shortening (Palm Oil and Soybean Oil), Vegetable Oil (Palm Oil, Coconut Oil and Soybean Oil), Cocoa (Natural and Processed with Alkali), contains less than 2 % of each of the following: Corn Syrup, Dextrose, Chocolate, Baking Soda, Salt, Natural and Artificial Flavors, Sodium Caseinate (A Milk Derivative), Soy Lecithin, Polysorbate 60, Modified Cellulose Gum, Colored with Beta Carotene, Cocoa Butter, Mono- and Diglycerides, Carrageenan, Polysorbate 65, Polysorbate 80, Sodium Phosphate, Corn Syrup Solids, Fructose, Maltodextrin, Malic Acid, Hydroxypropylmethylcellulose, Milk fat, Glycerol-Lacto Esters of Fatty Acids, Lactose, Xanthan Gum, Disodium Phosphate, Polyglycerol Esters, Sodium Citrate, Sorbitan Monostearate, Guar Gum, Citric Acid, Dipotassium Phosphate, Food Starch-Modified, Milk.

CONTAINS: MILK, WHEAT, SOY

*** Processed on shared equipment with Peanuts and Tree Nuts**

SOFT SERVE/SHAKE MIX: Milk fat and Nonfat Milk, Sugar, Sweet Whey, Corn Syrup, High Fructose Corn Syrup, Propylene Glycol Monoesters, Natural and Artificial Vanilla Flavor, Mono & Diglycerides, Guar Gum, Disodium Phosphate, Sodium Citrate, Cellulose Gum, Carrageenan.

CONTAINS: MILK

SOFT SERVE CONE: Enriched Wheat Flour (Contains: Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Tapioca Flour, Sugar, Vegetable Oil Shortening (Soybean Oil or Canola Oil, Modified Palm Oil, Soy Lecithin), Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Salt, Natural Flavor, Annatto (Vegetable Color).

CONTAINS: WHEAT, SOY

CARAMEL SUNDAE TOPPING: Corn syrup, sweetened condensed skim milk (skim milk, sugar, corn syrup), sugar, water, high fructose corn syrup, cream, butter, salt, mono and diglycerides, sodium bicarbonate, xanthan gum, natural flavor

CONTAINS: MILK

CHOCOLATE SHAKE SYRUP: High fructose corn syrup, water, dextrose, corn syrup, cocoa processed with alkali, whey, salt, natural flavors, potassium sorbate (a preservative), citric acid, xanthan gum.

CONTAINS: MILK

WHIPPED TOPPING: Cream, Nonfat Milk, Corn Syrup, Sugar, Contains less than 1% of: Mono and Diglycerides, Carrageenan, Polysorbate 80, Beta Carotene (color), Natural and Artificial Flavor, Mixed Tocopherols (Citamin E) to protect flavor, Propellant: Nitrous Oxide.

CONTAINS: MILK

OREO® COOKIE CRUMBLES: Sugar, Unbleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate {Vitamin B1}, Riboflavin {Vitamin B2}, Folic Acid), High Oleic Canola and/or Palm Oil, Cocoa (Processed with Alkali), High Fructose Corn Syrup, Cornstarch, Leavening (Baking Soda and/or Calcium Phosphate), Salt, Soy Lecithin, Vanillin - An artificial flavor, Chocolate.

CONTAINS: WHEAT, SOY

FROOT LOOPS® TOPPING: Corn flour blend (whole grain yellow corn flour, degerminated yellow corn flour), sugar, wheat flour, whole grain oat flour, modified food starch, contains 2% or less of hydrogenated vegetable oil (coconut, soybean and/or cottonseed), oat fiber, salt, soluble corn fiber, natural flavor, red 40, turmeric extract color, blue 1, yellow 6, annatto extract color, BHT for freshness. Vitamins and minerals: vitamin c (sodium ascorbate and ascorbic acid), niacinamide, reduced iron, zinc oxide, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin hydrochloride), vitamin A palmitate, folic acid, vitamin B12, vitamin D3.

CONTAINS: WHEAT

CHOCOLATE SHAKE SYRUP: High fructose corn syrup, water, dextrose, corn syrup, cocoa processed with alkali, whey, salt, natural flavors, potassium sorbate (a preservative), citric acid, xanthan gum.

CONTAINS: MILK

FRUIT CEREAL FLAVORED SYRUP: Water, sugar, citric acid, sodium benzoate, and Potassium sorbate (preservatives), natural flavor.

VANILLA SHAKE SYRUP: Sugar, water, natural and artificial flavor, benzoic acid and potassium sorbate (preservatives), xanthan gum

STRAWBERRY SHAKE SYRUP: Strawberries, sugar, water, concentrated lemon juice, natural flavors, citric acid, pectin, sodium benzoate and potassium sorbate (preservatives), artificial colors (red 40 and blue 1), cellulose gum

CHOCOLATE CHIP COOKIE: Enriched Bleached Flour (Bleached Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Semi-Sweet Chocolate Chips (Sugar, Unsweetened Chocolate, Cocoa Butter, Soy Lecithin, Vanilla), Sugar, Margarine (Palm Oil, Water, Salt, Mono- and Diglycerides, Natural Flavor, Vitamin A Palmitate, Beta Carotene), Brown Sugar, Eggs, Butter, Natural and Artificial Flavor, Baking Soda, Salt.

CONTAINS: MILK, WHEAT, EGGS, AND SOYBEAN

OATMEAL RAISIN COOKIE: Enriched bleached flour (Bleached flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), rolled oats, sugar, brown sugar, margarine (palm oil, water, salt, mono- and diglycerides, natural flavor, vitamin A palmitate, beta carotene), raisins, coconut, eggs, butter, invert sugar, whole milk, baking soda, artificial flavor, salt.

CONTAINS: MILK, EGGS, COCONUT, WHEAT

WHITE CHOCOLATE MACADAMIA NUT COOKIE: Enriched Bleached Flour (Bleached Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), White Chocolate Chips (Sugar, Cocoa Butter, Whole Milk Powder, Dextrose, Soy Lecithin, Artificial Flavor), Sugar, Margarine (Palm Oil, Water, Salt, Mono- and Diglycerides, Natural Flavor, Vitamin A Palmitate, Beta Carotene), Brown Sugar, Macadamia Nuts, Eggs, Butter, Natural and Artificial Flavor, Baking Soda, Salt.

CONTAINS: MILK, WHEAT, EGGS, SOYBEANS, AND MACADAMIA NUTS

Important Information:

Allergen Key:

M: MILK **S: Soy or soy lecithin** **F: Fish**
W: WHEAT **P: Peanut** **NONE: Contains none of the above allergens**
E: EGG **T: Tree nut**

▲ Please note:

This information provided by Burger King Corporation regarding our food is as complete as possible at the time of this publication. The source of this information is reported to us by our suppliers or is lab tested "as served" by an accredited laboratory. We use ESHA Research Genesis R&D software to calculate this nutritional data. Variations may occur depending on the supplier and on product assembly on a restaurant-by-restaurant basis. Product formulations may change periodically, we continue to update this list to reflect changes that occur in our products.

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*Artificial maple flavor in Vermont only.

**Burger King Corporation makes no claim that the BK VEGGIE® Burger or any other of its products meets the requirements of a vegan or vegetarian diet. The patty is cooked in the microwave.

"‡": These values represent Sodium derived from ingredients other than water. The actual amount of Sodium in the beverages will vary depending on the quantity contained in the water supply where the finished beverages are produced.